

# COVID-19 - A framework for the re-opening of Haileybury Sports Complex



## 1. Context

### Overview

This document sets out the framework for opening of the Sports Complex facilities for public use during an anticipated period of "social distancing" following the full closure of the sector due to COVID-19.

It is not intended to be exhaustive in covering every possible scenario but aims to provide a clear direction of travel for the Sports Complex. This document looks at the initial opening period and anticipated social distancing restrictions.

If you are feeling at all unwell, or showing any symptoms of Covid-19 please do not visit the Sports Complex. Please visit our website [www.haileyburysportscomplex.co.uk](http://www.haileyburysportscomplex.co.uk) to review our **health commitment statement** before your first visit.

We have been working hard to ensure the safety of all our customers and team. Please visit our website [www.haileyburysportscomplex.co.uk](http://www.haileyburysportscomplex.co.uk) to review our **Covid-19 reopening risk assessment**. The risk assessments are constantly being updated and reviewed to ensure best practice.

To ensure we are keeping all our customers safe we will be supporting the NHS Test and Trace system. Please visit our website [www.haileyburysportscomplex.co.uk](http://www.haileyburysportscomplex.co.uk) to review our **NHS Test and Trace Procedure** for more information about how this affects you.

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## Sports Complex roadmap

### Step one: 12th April 2021

- Artificial pitches - Available to hire for clubs/organisations of all age groups.
- Swimming pool - Available to hire for clubs/organisations with under 18yr participants only. Haileybury staff and family swimming will be permitted (*individual adult or household groups only*).
- Sports hall - Available to hire for clubs/organisations with under 18yr participants only. Individual adult or household groups will also be permitted to hire the facility.
- Fitness suite - to remain closed for commercial hire. Haileybury staff permitted as individual adult use. 14 participants only, using a reduced amount of equipment to aid in social distancing.

- Squash courts - Available to hire for clubs/organisations with under 18yr participants only. Individual adult or household groups will also be permitted.

### **Step two:** 17th May 2021

- Swimming pool, sports hall and squash courts can resume for adult groups of up to six individuals or two households.
- Fitness suite - to remain closed for commercial hire. Haileybury staff permitted as individual adult use. 14 participants only, using a reduced amount of equipment to aid in social distancing.

### **Step three:** 21st June 2021

- All Sports Complex facilities to resume for commercial hire for all age groups with no restrictions.

To ensure there is a sufficient “*buffer*” between pupil and public sessions we have now included a 30 minute changeover period. Due to this adjustment the commercial hire opportunities have been reduced for the swimming pool, sports hall, fitness suite and artificial pitches. Available hire time Monday - Friday will now be **7pm - 8pm** only. Saturday and Sunday have not been affected.

Clubs/organisations will be responsible for managing the safety of their participants whilst on the premises and following the government's guidelines of under 18yr participants only.

Sports Complex staff will be responsible for providing a covid safe facility.

## **2. Guidelines: Re-opening**

### **General**

- ✓ If social distancing can take place, Haileybury Sports Complex facilities will be available for public use. However, for any activity where social distancing is not possible, these facilities/activities will remain closed/not played.
- ✓ Haileybury Sports Complex will commit to a level of communication to clients explaining the nature of re-opening, advising them of the responsibility they have regarding cleaning touch points, providing Q&A, and ultimately reassuring customers.
- ✓ Public Health England (PHE) or equivalent posters will be on display informing customers and staff of social distancing and cleanliness/hygiene protocols throughout the facility.

- ✓ Haileybury Sports Complex will commit to the wellbeing of its staff and public users, and if they show/have any signs of COVID-19 (i.e. temperature, cough and difficulty breathing), they will be sent home to follow Government regulations (see COVID-19 risk assessment for more details). The Sports Complex may then close for a period of time to allow for sufficient disinfecting of the sports areas used.
- ✓ Haileybury Sports Complex will comply with any health designation documentation that the Government implements.
- ✓ We would ask you to adhere to our one way systems and directional facilities as far as possible.
- ✓ We would ask that if possible you come dressed for your activity and only bring essential items with you. Please bring your own drinks bottle.
- ✓ Please wash your hands frequently to keep us all safe. Hand sanitisers are also on offer throughout the Sports Complex.
- ✓ Haileybury Sports Complex staff will ensure that social distancing is adhered to and signs are placed throughout the Sports Complex.
- ✓ Face coverings will not be mandatory unless government guidelines recommend the wearing of face coverings. We recommend that clubs/organisations review this as part of their own risk assessment.
- ✓ It is down to the individual customer, club and/or organisation to take reasonable personal responsibility when taking part in physical activity within the Sports Complex.

### **3. Cleaning**

- ✓ Haileybury Sports Complex will continue rigorous cleaning procedures.
- ✓ If there is a COVID-19 case in the facility, Sports Complex Management will follow the PHE Guidance – COVID-19 – Cleaning in non-healthcare settings while cleaning all areas of the facility.  
<https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings>
- ✓ Staff will carry out regular cleaning of high-contact touch points throughout the premises using a suitable disinfectant.
- ✓ Staff will ensure that all sports equipment is suitably disinfected after every use.

### **4. Reception Area**

- ✓ Hand sanitisers will be on offer (or directed to where people can clean their hands).

- ✓ Gloves are not mandatory, as the World Health Organisation (WHO) advice is that it is preferable not to wear gloves but to regularly wash your hands. PPE is available to all staff.
- ✓ Processes to make sure social distancing remains in place for reception staff/or screens are in place (see COVID-19 risk assessment for more details).
- ✓ Queue management - 2m spacing markings on the floor/wall and outside the entrance (if necessary).

## **5. Changing Rooms>Showers>Toilets**

- ✓ Extra care/signposting will be provided to maintain social distancing when in these areas.
- ✓ Lockers will not be in use during this time.
- ✓ Changing room and shower facilities will not be available. We recommend all users come dressed for sports and change when they return home. Clubs and organisations are to review this as part of their own risk assessment.

## **6. Fitness Suite**

- ✓ A one way system will be in operation at all times.
- ✓ Only equipment that is 2m apart can be used. This will be via moving equipment or marking every other piece of equipment in the fitness suite out of use (to facilitate social distancing).
- ✓ Touch points of equipment will be cleaned after use – a spray, cloth and instructions for use are provided and customers are advised to use them. – This is in addition to the regular cleaning schedule by Sports Complex staff.
- ✓ Only bring essential items with you (including a drinks bottle).
- ✓ Extra signage regarding social distancing will be in and around the fitness suite.
- ✓ Towels/sweat towels will not be permitted.
- ✓ Hand sanitiser and paper towels are available for public use.
- ✓ We recommend that a water bottle is used if accessing the water dispenser within the fitness suite. Please DO NOT place your mouth around the nozzle of the water dispenser.
- ✓ Maximum fitness suite capacity will be based on 6m per person (14 persons maximum).
- ✓ A booking system per session may be implemented.

- ✓ Changing room and shower facilities will not be available. We recommend all users come dressed for sports and change when they return home. Clubs and organisations are to review this as part of their own risk assessment.

## **7. Sports Hall**

- ✓ A one way system will be in operation at all times.
- ✓ Social distancing must be maintained at all times.
- ✓ Extra care/signposting will be shown to maintain social distancing when entering and exiting the sports area.
- ✓ The parent/carer/spectator must follow social distancing guidelines and we ask clubs/organisations to review this as part of their own risk assessments.
- ✓ Any Sports Complex equipment used will be cleaned by Sports Complex staff after use. Clubs are responsible for cleaning their own equipment.
- ✓ Hand sanitiser and/or soap will be available throughout the Sports Complex .
- ✓ Cleanliness protocols will be followed at all times.
- ✓ Changing room and shower facilities will not be available. We recommend all users come dressed for sports and change when they return home. Clubs and organisations are to review this as part of their own risk assessment.

## **8. Swimming Pool**

- ✓ A one way system will be in operation at all times.
- ✓ The Swimming pool will open as long as it remains sufficiently chlorinated (as there is no evidence that COVID-19 can be spread through the use of swimming pools).
- ✓ Maximum bather loads are based on one bather per 6m (54 persons maximum).
- ✓ Social distancing must be maintained in the pool. We recommend that clubs/organisations review this as part of their own risk assessment.
- ✓ Extra care/signposting will be shown to maintain social distancing when entering and exiting the swimming pool.
- ✓ Teachers/instructors/coaches and swimmers on the poolside must follow social distancing guidelines between each other.
- ✓ Spectators are not permitted within the Sports Complex and clubs/organisations are to review this as part of their own risk assessment.

- ✓ We would recommend that all swimmers arrive dressed and ready to swim (beach ready) and again recommend that all clubs and organisations review this as part of their own risk assessment.
- ✓ The parent/carer/spectator must follow social distancing guidelines if permission to spectate is granted by the Sports Complex Manager.
- ✓ Any Sports Complex equipment used will be cleaned by Sports Complex staff after use. Clubs are responsible for cleaning their own equipment.
- ✓ Considerations will be made to ensure limited time is taken in changing areas, especially during the changeover of group activity to maintain social distancing.
- ✓ Hand sanitiser is available throughout the Sports Complex.

## **9. Artificial Pitches**

- ✓ A one way system will be in operation at all times.
- ✓ Social distancing and cleanliness will be promoted by the instructor/coaches at the beginning and throughout the hire period.
- ✓ Public hire sessions will be organised in a series of formations to comply with social distancing, with appropriate spacing between participants monitored by the hirer throughout the hire period.
- ✓ Customers should not cluster in groups before/after sessions.
- ✓ Any Sports Complex equipment used will be cleaned by Sports Complex staff after use. Clubs are responsible for cleaning their own equipment.
- ✓ Hand sanitiser is available throughout the Sports Complex.
- ✓ Changing room and shower facilities will not be available. We recommend all users come dressed for sports and change when they return home. Clubs and organisations are to review this as part of their own risk assessment.

## **10. Squash Courts**

- ✓ A one way system will be in operation at all times.
- ✓ Social distancing must be maintained at all times.
- ✓ Extra care/signposting will be shown to maintain social distancing when entering and exiting the sports area.

- ✓ Any Sports Complex equipment used will be cleaned by Sports Complex staff after use. Clubs are responsible for cleaning their own equipment.
- ✓ Hand sanitiser and/or soap will be available throughout the Sports Complex .
- ✓ Cleanliness protocols will be followed at all times.
- ✓ Clients are asked to wait for the court to be empty prior to accessing the courts to aid in safe distancing protocols.
- ✓ Court times may be adjusted to allow for sufficient time between use. This will aid in necessary cleaning and distancing measures.
- ✓ We recommend booking and paying for your courts via telephone (01992 706299) however cash/card payments will be accepted at reception.
- ✓ Changing room and shower facilities will not be available. We recommend all users come dressed for sports and change when they return home. Clubs and organisations are to review this as part of their own risk assessment.

## **11. First Aid & Lifeguarding**

- ✓ Although there may be heightened concerns surrounding first aid, this will continue as normal, with the below aspects to be used when required:
  - Gloves
  - Pocket resuscitation masks - *for emergency first aid*
  - Face masks/shields - *for general first aid*
- ✓ The IQL UK has provided specific guidance on CPR delivery that will be adhered to by all Sports Complex staff. Sports Complex staff will attend regular monthly training to include COVID-19 awareness.
- ✓ Where relevant, lifeguards will remain in place on the poolside.

## **12. Additional Information**

- ✓ Haileybury Sports Complex will follow Government guidance for office staff.
- ✓ Card/contactless payment will be promoted however cash payments will be accepted.
- ✓ Haileybury Sports Complex Management team will consider additional steps for any clientele over 70yrs/with underlying health conditions.
- ✓ All contractors must follow social distancing and cleanliness guidelines.
- ✓ Health and Safety checks will be conducted prior to opening – eg. Legionella, microbiological test of swimming pool, fire alarms/lighting etc.

- ✓ Training of staff in the above procedures and lifeguard/first aid qualifications will be regularly monitored and in date.