

Fitness Suite - Public

Public Term Time Availability

Monday	19.00 - 20.00
Tuesday	19.00 - 20.00
Wednesday	19.00 - 20.00
Thursday	19.00 - 20.00
Friday	19.00 - 20.00
Saturday	17.00 – 18.30
Sunday	09.00 – 14.00 16.30 – 18.30

Half Term Availability

Monday	09.00 – 22.00*
Tuesday	09.00 – 22.00*
Wednesday	09.00 – 22.00*
Thursday	09.00 – 22.00*
Friday	09.00 – 22.00*
Saturday	09.00 – 18.30*
Sunday	09.00 – 18.30*

Please note that the Sports Complex will be closed for all bank holidays except May Day.

*Opening hours may vary during half term periods and it is advisable to contact reception on **01992 706299** for up to date timetable information.