

# Fitness Suite

## Public Term Time Availability

Monday	18.30 – 20.45
Tuesday	18.30 – 20.45
Wednesday	18.30 – 20.45
Thursday	18.30 – 20.45
Friday	18.30 – 20.45
Saturday	17.00 – 19.00
Sunday	09.00 – 12.00 14.30 – 19.00

## Half Term Availability

Monday	07.00 – 22.00*
Tuesday	07.00 – 22.00*
Wednesday	07.00 – 22.00*
Thursday	07.00 – 22.00*
Friday	07.00 – 22.00*
Saturday	08.00 – 19.00*
Sunday	09.00 – 19.00*

**Please note** that the Sports Complex is closed for all bank holidays except May Day.

\*Opening hours may vary during half term periods and it is advisable to contact reception on **01992 706299** for up to date timetable information.